

# aivia

natural and healthy



catalog with *natural*  
products

100% VEGAN

## our mission



In a world where attention to our health and the environment is crucial, we have firmly embraced the mission of bringing exceptional vegan food alternatives to the forefront, free from food additives in their composition. Embodied in the values of care for the planet and the community, we have taken on the responsibility of providing products that promote the health of our customers and those around us.

Aivia products are recommended for individuals seeking a healthy and protein-rich diet, as well as those following a vegan or vegetarian lifestyle. Aivia vegan foods embody the characteristics of functional foods:

- Provide essential nutritional principles.
- Contain active substances with beneficial effects on maintaining and restoring health.

Aivia stands out as a pioneer in setting new standards for vegan foods entirely free from food additives, genetically modified organisms, or any harmful ingredients for the human body.

## what sets us apart?

### Clinical Studies

AIVIA are Romanian vegan foods patented and tested through clinical trials within the research and stands as a patented Romanian brand in the field of vegan products, supported by clinical investigations conducted within the BIOTECH, VIASAN, and CERES research and development programs. Clinical studies emphasize the utility of Aivia vegan products in nutritional strategies for individuals with metabolism disorders (overweight, obesity, glucose intolerance, diabetes), control of dyslipidemia (reduction of total cholesterol and increase in HDL cholesterol - the good cholesterol), in the diet of postmenopausal women, as well as in the prevention of cardiovascular and atherosclerotic conditions.

### Ingredients

Aivia products exclusively include essential ingredients for a healthy and entirely vegan product. The only preservative used in the preparation of Aivia vegan foods is salt, which is why their shelf life is up to 90 days from the production date.

We offer vegan products that contain absolutely no genetically modified organisms and artificial food additives / E-numbers (artificial flavors, flavor enhancers, stabilizers, preservatives, colorants, acidity regulators, thickeners, gelling agents, etc.).

Aivia vegan products are manufactured in our own factory, where we exclusively develop vegan foods in accordance with our values and principles.

### High Protein Content

The protein content in Aivia vegan products ranges from 11% to 27%.



new range

grill



## vegan burger

### ingredients:

water, pea protein, grain protein, pea fiber, pea flour, sunflower vegetable oil, dehydrated vegetables (onion, garlic), salt.

nutritional information per 100 g	
energy	1248 kJ / 301 kcal
fat	21 g
- of which saturates	3,3 g
carbohydrate	7 g
- of which sugars	4 g
protein	16,4 g
fibre	8,7 g
salt	2,32 g
- of which sodium	0,93 g

**packaging type:** box

**storage:** between 2-8 °C

**shelf life:** 90 days

**logistic info:**

10 boxes / outer case

net weight

**200 g e**



## vegan sticks

### ingredients:

water, pea protein (country of origin: EU), grain protein, pea fiber, pea flour, sunflower vegetable oil, dehydrated vegetables (onion, fried onion, garlic), salt, pepper, garlic, natural flavour, spices, spice extracts.

nutritional information per 100 g	
energy	1338 kJ / 322 kcal
fat	21,5 g
- of which saturates	3,5 g
carbohydrate	14,1 g
- of which sugars	4,5 g
protein	16,8 g
fibre	2,2 g
salt	2,38 g
- of which sodium	0,95 g

**packaging type:** box

**storage:** between 2-8 °C

**shelf life:** 90 days

**logistic info:**

14 boxes / outer case

net weight

**200 g e**







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vegan burger

## new range spreads



### vegan spread

#### ingredients:

water, coconut oil, **STARCH**, inulin, citrus fibres, natural flavour, salt.

nutritional information per 100 g	
energy	1221 kJ 295 kcal
fat	26,7 g
- of which saturates	24,1 g
carbohydrate	13,7 g
- of which sugars	1,2 g
protein	0,3 g
salt	1,5 g

packaging type: jar

storage: between 2-8 °C

shelf life: 90 days

logistic info:

6 jars / outercase

net weight

**160 g e**



### vegan spread with herbs

#### ingredients:

water, coconut oil, corn **STARCH**, inulin, fiber, natural flavour, mixed vegetables and spices (pepper, oregano, basil, onion, greens 0.9%), salt.

nutritional information per 100 g	
energy	893 kJ 215 kcal
fat	18,2 g
- of which saturates	15,6 g
carbohydrate	12,9 g
- of which sugars	1,8 g
protein	0,3 g
salt	1,5 g

packaging type: jar

storage: between 2-8 °C

shelf life: 90 days

logistic info:

6 jars / outercase

net weight

**160 g e**



### vegan spread with onion & tomatoes

#### ingredients:

water, coconut oil, dehydrated vegetables (3% onion, 0.8% tomato), corn **STARCH**, inulin, fiber, salt.

nutritional information per 100 g	
energy	957 kJ 231 kcal
fat	19,7 g
- of which saturates	17,3 g
carbohydrate	13 g
- of which sugars	2,2 g
protein	0,4 g
salt	1,25 g

packaging type: jar

storage: between 2-8 °C

shelf life: 90 days

logistic info:

6 jars / outercase

net weight

**160 g e**



## new range spreads



### vegan spread with bacon taste

#### ingredients:

water, coconut oil, corn **STARCH**, inulin, fiber, natural flavour, salt.

nutritional information per 100 g	
energy	926 kJ 224 kcal
fat	19,1 g
- of which saturates	17 g
carbohydrate	12,9 g
- of which sugars	1,3 g
protein	0,3 g
salt	1,5 g

packaging type: jar

storage: between 2-8 °C

shelf life: 90 days

logistic info:

6 jars / outercase

net weight

**160 g e**

**0,5 g**  
PROTEINS  
per jar



### vegan mayo

#### ingredients:

water, **SOY** protein isolate, sunflower vegetable oil, **MUSTARD**, apple cider vinegar, salt, turmeric.

nutritional information per 100 g	
energy	775 kJ 187 kcal
fat	15,7 g
- of which saturates	1,7 g
carbohydrate	0,4 g
- of which sugars	0,2 g
protein	10,8 g
salt	1,98 g

packaging type: jar

storage: between 2-8 °C

shelf life: 60 days

logistic info:

6 jars / outercase

net weight

**160 g e**

**17 g**  
PROTEINS  
per jar

**new range**  
**desserts**



## vegan pudding with chocolate

### ingredients:

water, date syrup, coconut oil, corn **STARCH**, inulin, fiber, cocoa 4%, salt.

nutritional information per 100 g	
energy	1003 kJ 241 kcal
fat	15,9 g
- of which saturates	14,3 g
carbohydrate	21,8 g
- of which sugars	17,5 g
protein	1,5 g
salt	0,12 g

**packaging type:** jar

**storage:** between 2-8 °C

**shelf life:** 90 days

**logistic info:**

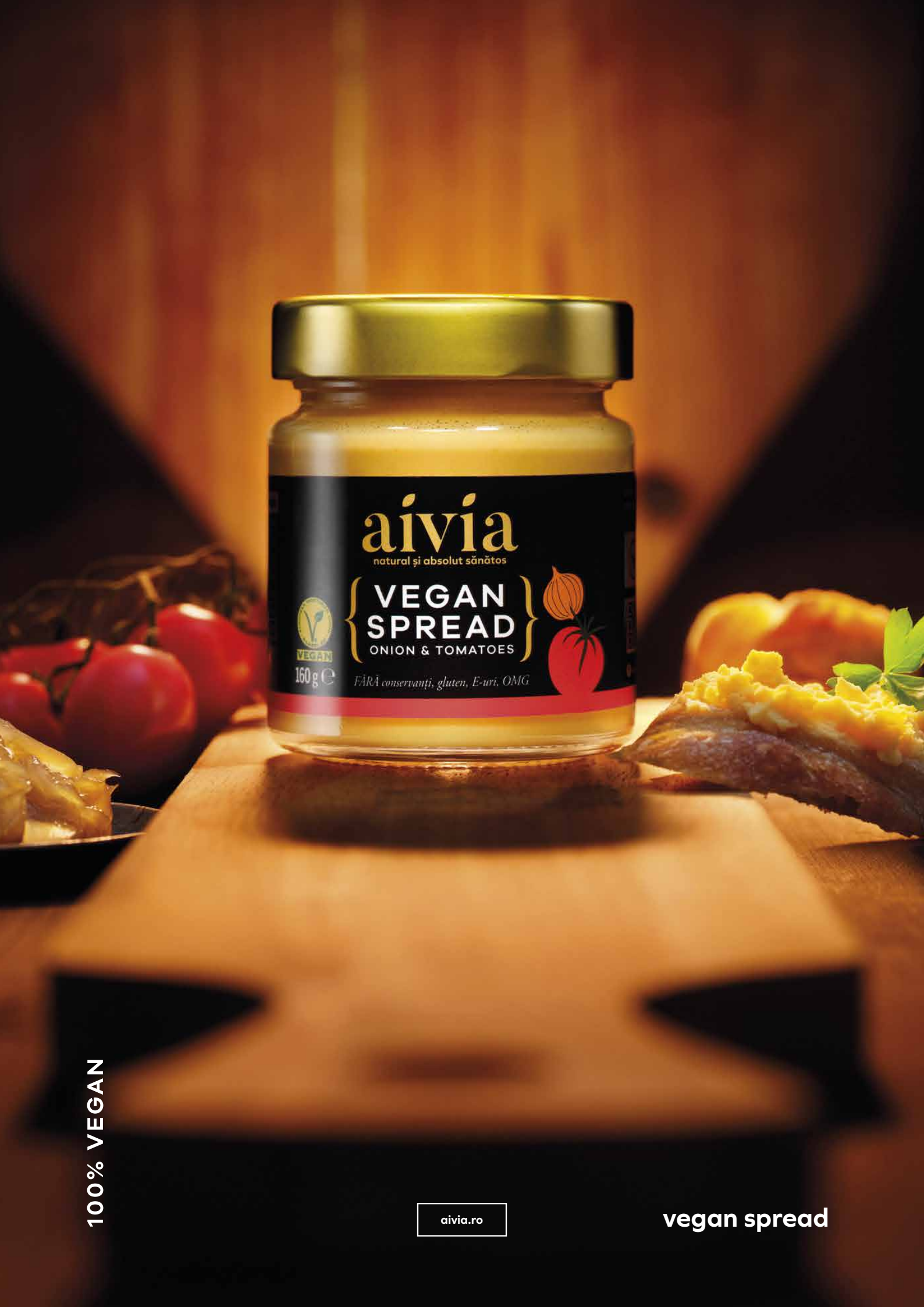
6 jars / outercase

net weight

**170 g e**

**2,5g**  
**PROTEINS**  
per jar





aivia

natural și absolut sănătos



160 g e

{ VEGAN  
SPREAD }

ONION & TOMATOES



FĂRĂ conservanți, gluten, E-uri, OMG

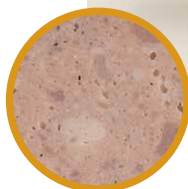
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vegan spread



## salami



### *a delicious* vegan substitute for smoked salami

**ingredients:**

water, **SOYA** protein isolate, sunflower oil, potato starch, salt, vegetable extracts, spices: hot paprika, garlic, black peppercorn, coriander, **CELERY**.

nutritional information per 100 g	
energy	511 kJ 122 kcal
fat	4,2 g
- of which saturates	0,6 g
carbohydrate	3,3 g
- of which sugars	0,6 g
protein	17,3 g
salt	2,4 g

**packaging type:** box

**storage:** between 2-8 °C

**shelf life:** 90 days

**logistic info:**

12 boxes / outercase

net weight

**220 g e**

**38 g**  
PROTEINS  
per pack



### *a delicious* vegan substitute for smoked salami with hot paprika

**ingredients:**

water, **SOYA** protein isolate, sunflower oil, potato starch, salt, hot paprika 0,35%, garlic, **MUSTARD** seeds, cumin, black peppercorn, chilli, vegetable extracts.

nutritional information per 100 g	
energy	545 kJ 129 kcal
fat	4 g
- of which saturates	0,6 g
carbohydrate	6,8 g
- of which sugars	1,1 g
protein	16,3 g
salt	1,9 g

**packaging type:** box

**storage:** between 2-8 °C

**shelf life:** 90 days

**logistic info:**

12 boxes / outercase

net weight

**220 g e**

**36 g**  
PROTEINS  
per pack



### *a delicious* vegan substitute for salami

**ingredients:**

water, **SOYA** protein isolate, sunflower oil, potato starch, salt, vegetable extracts, spices: hot chilli, garlic, black peppercorn, **CELERY**.

nutritional information per 100 g	
energy	511 kJ 122 kcal
fat	4,2 g
- of which saturates	0,6 g
carbohydrate	3,3 g
- of which sugars	0,6 g
protein	17,3 g
salt	2,4 g

**packaging type:** blow

**storage:** between 2-8 °C

**shelf life:** 90 days

**logistic info:**

12 blows / outercase

net weight

**200 g e**

**35 g**  
PROTEINS  
per pack

## sausages



### *a delicious* vegan substitute for smoked sausages

**ingredients:**

water, **SOYA** protein isolate, sunflower oil, potato starch, salt, spices (hot paprika, garlic, black peppercorn), vegetable extracts, **CELERY**.

nutritional information per 100 g	
energy	456 kJ 109 kcal
fat	3,6 g
- of which saturates	0,5 g
carbohydrate	1 g
- of which sugars	0,8 g
protein	16,7 g
salt	2,15 g

**packaging type:** box

**storage:** between 2-8 °C

**shelf life:** 90 days

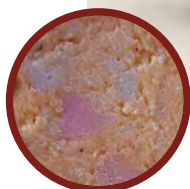
**logistic info:**

7 boxes / outer case

net weight

**200 g e**

**33 g**  
PROTEINS  
per pack



### *a delicious* vegan substitute for smoked hot sausages

**ingredients:**

water, **SOYA** protein isolate, sunflower oil, potato starch, salt, spices (hot paprika, hot chilli, garlic, **MUSTARD** seeds, black peppercorn), vegetable extracts, cumin, horseradish, **CELERY**.

nutritional information per 100 g	
energy	456 kJ 109 kcal
fat	3,6 g
- of which saturates	0,5 g
carbohydrate	1 g
- of which sugars	0,8 g
protein	16,7 g
salt	2,15 g

**packaging type:** box

**storage:** between 2-8 °C

**shelf life:** 90 days

**logistic info:**

7 boxes / outer case

net weight

**200 g e**

**33 g**  
PROTEINS  
per pack



### *a delicious* vegan substitute for smoked sausages with hot paprika

**ingredients:**

water, **SOYA** protein isolate, sunflower oil, potato starch, salt, garlic, **MUSTARD** seeds, cumin, black peppercorn, hot paprika 0,1%, vegetable extracts.

nutritional information per 100 g	
energy	456 kJ 109 kcal
fat	3,6 g
- of which saturates	0,5 g
carbohydrate	1 g
- of which sugars	0,8 g
protein	16,7 g
salt	2,15 g

**packaging type:** box

**storage:** between 2-8 °C

**shelf life:** 90 days

**logistic info:**

7 boxes / outer case

net weight

**200 g e**

**33 g**  
PROTEINS  
per pack



100% VEGAN

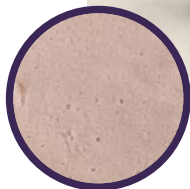
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smoked salami  
with hot paprika





## frankfurters



### *a delicious* vegan substitute for smoked frankfurters

**ingredients:**

water, **SOYA** protein isolate, sunflower oil, potato starch, salt, basil, vegetable extracts, onion flakes.

nutritional information per 100 g	
energy	655 kJ 157 kcal
fat	8 g
- of which saturates	1 g
carbohydrate	3,6 g
- of which sugars	0,7 g
protein	16,9 g
salt	2,5 g

**packaging type:** box

**storage:** between 2-8 °C

**shelf life:** 90 days

**logistic info:**

7 boxes / outercase

net weight

**200 g e**

**34 g**  
PROTEINS  
per pack

## ham



### *a delicious* vegan substitute for ham

**ingredients:**

water, **SOYA** protein isolate, sunflower oil, potato starch, salt, vegetable extracts, spices: garlic, white peppercorn, coriander, hot paprika, **CELERY**.

nutritional information per 100 g	
energy	413 kJ 98 kcal
fat	3,2 g
- of which saturates	0,6 g
carbohydrate	0,8 g
- of which sugars	0,5 g
protein	16 g
salt	1,98 g

**packaging type:** blow

**storage:** between 2-8 °C

**shelf life:** 80 days

**logistic info:**

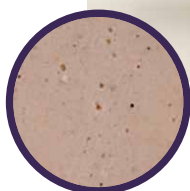
12 blows / outercase

net weight

**250 g e**

**40 g**  
PROTEINS  
per pack

## fine salami



### *a delicious* vegan substitute for fine salami

**ingredients:**

water, **SOYA** protein isolate, sunflower oil, potato starch, salt, vegetable extracts, spices: black peppercorn, nutmeg.

nutritional information per 100 g	
energy	413 kJ 98 kcal
fat	3,2 g
- of which saturates	0,6 g
carbohydrate	0,8 g
- of which sugars	0,5 g
protein	16 g
salt	1,98 g

**packaging type:** blow

**storage:** between 2-8 °C

**shelf life:** 70 days

**logistic info:**

9 blows / outercase

net weight

**300 g e**

**48 g**  
PROTEINS  
per pack

## fine salami



### *a delicious* vegan substitute for fine salami with ham

**ingredients:**

water, **SOYA** protein isolate, sunflower oil, potato starch, salt, vegetable extracts, spices: black peppercorn, nutmeg, basil.

nutritional information per 100 g	
energy	413 kJ 98 kcal
fat	3,2 g
- of which saturates	0,6 g
carbohydrate	0,8 g
- of which sugars	0,5 g
protein	16 g
salt	1,98 g

**packaging type:** blow

**storage:** between 2-8 °C

**shelf life:** 70 days

**logistic info:**

9 blows / outercase

net weight

**300 g e**

**48 g**  
PROTEINS  
per pack



### *a delicious* vegan substitute for fine salami with red pepper

**ingredients:**

water, **SOYA** protein isolate, sunflower oil, potato starch, salt, vegetable extracts, red pepper flakes 0,7%, spices: black peppercorn, nutmeg.

nutritional information per 100 g	
energy	413 kJ 98 kcal
fat	3,2 g
- of which saturates	0,6 g
carbohydrate	0,8 g
- of which sugars	0,5 g
protein	16 g
salt	1,98 g

**packaging type:** blow

**storage:** between 2-8 °C

**shelf life:** 70 days

**logistic info:**

9 blows / outercase

net weight

**300 g e**

**48 g**  
PROTEINS  
per pack



### *a delicious* vegan substitute for fine salami with mushrooms

**ingredients:**

water, **SOYA** protein isolate, sunflower oil, potato starch, salt, vegetable extracts, champignon mushrooms 7%, spices: black peppercorn, nutmeg.

nutritional information per 100 g	
energy	413 kJ 98 kcal
fat	3,2 g
- of which saturates	0,6 g
carbohydrate	0,8 g
- of which sugars	0,5 g
protein	16 g
salt	1,98 g

**packaging type:** blow

**storage:** between 2-8 °C

**shelf life:** 70 days

**logistic info:**

9 blows / outercase

net weight

**300 g e**

**48 g**  
PROTEINS  
per pack





100% VEGAN



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ham



## spreads



### vegan spreadable

**ingredients:**

water, **SOYA** protein isolate, sunflower oil, salt, vegetable extracts.

nutritional information per 100 g	
energy	775 kJ 187 kcal
fat	15,1 g
- of which saturates	1,8 g
carbohydrate	1,4 g
- of which sugars	1 g
protein	11,3 g
salt	1,75 g

**packaging type:** blow

**storage:** between 2-8 °C

**shelf life:** 70 days

**logistic info:**

20 blows / outer case

net weight

**100 g e**



### vegan spreadable with onion

**ingredients:**

water, **SOYA** protein isolate, sunflower oil, salt, vegetable extracts, onion flakes 1%, spring onion flakes 0,2%.

nutritional information per 100 g	
energy	775 kJ 187 kcal
fat	15,1 g
- of which saturates	1,8 g
carbohydrate	1,4 g
- of which sugars	1 g
protein	11,3 g
salt	1,75 g

**packaging type:** blow

**storage:** between 2-8 °C

**shelf life:** 70 days

**logistic info:**

20 blows / outer case

net weight

**100 g e**



### vegan spreadable with herbs

**ingredients:**

water, **SOYA** protein isolate, sunflower oil, salt, vegetable extracts, spices: green pepper flakes 0,35%, herbs 0,2%.

nutritional information per 100 g	
energy	775 kJ 187 kcal
fat	15,1 g
- of which saturates	1,8 g
carbohydrate	1,4 g
- of which sugars	1 g
protein	11,3 g
salt	1,75 g

**packaging type:** blow

**storage:** between 2-8 °C

**shelf life:** 70 days

**logistic info:**

20 blows / outer case

net weight

**100 g e**



## spreads



### vegan spreadable with red pepper

**ingredients:**

water, **SOYA** protein isolate, sunflower oil, salt, vegetable extracts, red pepper flakes 0,7%.

nutritional information per 100 g	
energy	775 kJ 187 kcal
fat	15,1 g
- of which saturates	1,8 g
carbohydrate	1,4 g
- of which sugars	1 g
protein	11,3 g
salt	1,75 g

**packaging type:** blow

**storage:** between 2-8 °C

**shelf life:** 70 days

**logistic info:**

20 blows / outercase

net weight

**100 g e**



### vegan spreadable with mushrooms

**ingredients:**

water, **SOYA** protein isolate, sunflower oil, salt, vegetable extracts, champignons mushrooms 7%.

nutritional information per 100 g	
energy	775 kJ 187 kcal
fat	15,1 g
- of which saturates	1,8 g
carbohydrate	1,4 g
- of which sugars	1 g
protein	11,3 g
salt	1,75 g

**packaging type:** blow

**storage:** between 2-8 °C

**shelf life:** 70 days

**logistic info:**

20 blows / outercase

net weight

**100 g e**



### vegan spreadable with garam masala

**ingredients:**

water, **SOYA** protein isolate, sunflower oil, salt, garam masala 0,5%, (clove, black peppercorn, cardamom, cinnamon, coriander), horseradish, cumin, chili, turmeric, basil.

nutritional information per 100 g	
energy	775 kJ 187 kcal
fat	15,1 g
- of which saturates	1,8 g
carbohydrate	1,4 g
- of which sugars	1 g
protein	11,3 g
salt	1,75 g

**packaging type:** blow

**storage:** between 2-8 °C

**shelf life:** 70 days

**logistic info:**

20 blows / outercase

net weight

**100 g e**







100% VEGAN

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smoked frankfurters



## *about* **soya protein isolate**



Soy protein is a plant-based protein derived from soybeans. This type of protein stands out for its exceptional nutritional profile, being considered a complete protein that contains all 9 essential amino acids: Leucine, Isoleucine, Lysine, Methionine, Phenylalanine, Threonine, Tryptophan, Valine, and Histidine. It is recognized as the highest-quality plant-based protein with the highest biological value among all vegetable protein sources, indicating that the body efficiently utilizes a significant proportion of it.

After extracting the oil from soybeans, soy protein isolate is obtained, characterized by a protein content of 86%. With low carbohydrates and fats, this isolate is simultaneously rich in branched-chain amino acids (BCAA). Therefore, soy protein isolate is an easily digestible and fast source of protein, providing significant amounts of essential amino acids.

Moreover, soy protein isolate is distinguished by its high content of arginine, an amino acid with beneficial effects on the immune system.

### **Benefits and Characteristics of Soy Protein Isolate:**

- Complete high-quality protein from a non-animal source
- Rich in Vitamin B, Calcium, Iron, Magnesium, Phosphorus, and Potassium
- Abundant in essential amino acids and arginine
- Low in saturated fats and cholesterol
- Contributes to muscle mass building
- May contribute to lowering LDL ("bad cholesterol") levels
- May contribute to increasing HDL ("good cholesterol") levels
- Can improve overall well-being and provide an energy boost
- Recommended as a special food for athletes and individuals engaging in physical activity
- Ideal for those with lactose or gluten intolerance
- Suitable for a calorie-deficient diet

\*Similar to all ingredients used by us, the soy protein isolate used is not genetically modified.



What you will **NOT** find  
in AIVIA products:



- **Food additives / E numbers**
- **Genetically Modified Organisms**
- **Sugar**



**Centrul de Cercetare al Alimentelor**

**Funcționale AIVIA srl**

România, Arad, 310162

Calea 6 Vânători 55A

0040-755-122.388

vanzari@aivia.ro

[aivia.ro](https://aivia.ro)



**VEGAN**

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